

OPTIMAL AGING LECTURE SERIES

ADVANCED CARE PLANNING 101

What is it? • Why do I need it?
What are its components? • How do I complete a plan?

WEDNESDAY, APRIL 3 • 2:30 - 3:30 PM
PERFORMING ARTS CENTER DINING ROOM 1
NO REGISTRATION REQUIRED

Guest lecturer Maryam Rahimi, MD, FACP, is a board-certified UCI Health internal medicine physician specializing in preventive care, management of chronic illness, women's health, cancer screening and palliative care. Her research interests include screening for dementia, hypertension in primary care and advanced care planning, which can help patients, families and physicians clarify treatment wishes in the event of a serious illness or end of life. She is a lead UCI Health investigator on a five-year study to develop better approaches to advance care planning for seriously ill patients in collaboration with UC San Francisco Health and UCLA Health.

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