



FALL PREVENTION VIRTUAL LECTURE

THURSDAY, MAY 20 • 2 TO 3 PM • VIA ZOOM • FREE

Back by popular demand, Laguna Woods Village Social Services, in partnership with MemorialCare Saddleback Medical Center and the Foundation of Laguna Woods Village, is hosting a free, virtual class on age-friendly care. Dr. David Law will lead an interactive discussion covering the 4Ms Framework and best-practice interventions for an Age-Friendly Health System, with a special emphasis on mobility and falls. Participants will have the opportunity to ask Dr. Law questions during the discussion.

To register, please visit [memorialcare.org/BalancingAct](https://www.memorialcare.org/BalancingAct).

Once you are registered, you will receive a Zoom link in your email.

Please save this email with the Zoom link, as it's necessary to log in to the virtual class.



For more information, call Social Services at 949-597-4267.