

# Dog Club

Laguna Woods Village



**When:** Monday, September 9, 2024

**Time:** 7:00 p.m.

**Where:** LWV Club House #3

**What:** Dog Club Monthly Meeting

More information? Call: David Nimmo,  
Publicity Chair, at (949) 939-1773.

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## Dog Club Upcoming Schedule

Monthly Meetings held on 2nd Monday  
of each month at 7:00 p.m.:

- Monday, September 9, 2024
- Monday, October 14, 2024
- Monday, November 11, 2024 (10:00 a.m.)
- Monday, January 13, 2025
- Monday, February 10, 2025
- Monday, March 10, 2025
- Monday, April 14, 2025
- Monday, May 12, 2025

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## Monthly Meeting

Laguna Woods Village Dog Club monthly meeting will be held on **Monday, September 9, 2024 at 7:00 p.m.** (for approximately one hour). Meeting is at Club House #3 "Performing Arts Center" (first room to the left).

Refreshments will be served after the meeting.

Your well mannered dog is welcomed to attend.

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## Topic/Lecture

Erika Volz, Licensed Social Worker, will speak on the emotional benefits of dog ownership. Caring for someone outside yourself is incredibly beneficial to mental health and wellbeing - including strategies to reduce anxiety, increase physical activity, and plans to cover your dog's care should you not be able to care for your loved pet. Erika will speak for approximately 20 to 30 minutes.

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## Dog Club Special Events

Annual Holiday Luncheon:

- December 2024 at 11:00 a.m.  
(specific date to be determined)

Annual Summer Picnic:

- June 2025 at 5:00 p.m. (specific date to be determined)