

OPTIMAL AGING LECTURE SERIES

BRAIN HEALTH

THURSDAY, AUGUST 3 | 2:30 - 3:30 P.M. | MOVED TO CLUBHOUSE 3, DINING ROOM 2
NO REGISTRATION REQUIRED

Identify pillars of brain health • Review age-related changes in memory and learning
Explore and reduce possible risks and threats • Outline practical steps to protect brain health

Guest speaker Patty Barnett Mouton, MSGc, has served as vice president for Outreach & Advocacy at Alzheimer's Orange County since 2005. Prior to 2005, Patty worked in hospice care and held leadership positions with American Red Cross Blood Services and in Pharma with divisions of Johnson & Johnson. She has served as co-chair of the OC POLST Coalition since 2010 and as the program director for community education with the Hoag Palliative Care program. She serves on the CalOptima Health Provider Advisory Committee, the Senior Citizens Advisory Council to the OC Board of Supervisors and the Senior Advisory Committee for the City of Laguna Niguel. She has been a featured lecturer at California Council of Geriatrics and Gerontology, American Society on Aging National Conference, the Leading Age Foundation Conference, the California Association of Health Services at Home Conference and more.

PRESENTED BY


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SOCIAL SERVICES DEPARTMENT

UCI Division of Geriatric Medicine
and Gerontology

NEW VENUE!
CLUBHOUSE 3
DINING ROOM 2

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CONTACT SOCIAL SERVICES AT 949-597-4267 FOR MORE INFORMATION