



aqua
ZUMBA[®]
Laguna Woods Village[®]



AQUA ZUMBA!

WITH TRACY MURRAY

CLUBHOUSE 5 POOL 🕒 4 TO 5 PM
MONDAYS 🕒 JUNE 3 - OCTOBER 28

\$25 for five classes

Purchase a punch card in the Clubhouse 5 office or
the Community Center recreation office.

Dance to motivational music using unique moves taught by instructor Tracy Murray. This class blends the Zumba philosophy with water resistance to create a safe, low-impact, high-energy aquatic workout also known as the Zumba “pool party.”

949-597-4273 RECREATION@VMSINC.ORG