

September Events & Activities

2017

Recreation Events

Recreation Coordinated Events are no charge to Laguna Woods residents unless otherwise noted. Events are for residents and their guests only.

5 TUE	Steak Dinner 5:30 p.m. at Clubhouse 2 Sequoia Ballroom Cost: \$16.00 per person; while supplies last
6 WED	Timeless Melodies -Folk Music 1:30 p.m. at Clubhouse 1 Main Lounge Cost: \$6.00 per person; while supplies last
7 THUR	Patio Concert- Black Market Trust 6:30 p.m. Clubhouse 1 Patio Cost: \$5.00 per person in advance, \$8.00 the day of; while supplies last
11 MON	Soup and Salad Buffet 5:30 p.m. at Clubhouse 7 Main Lounge Cost: \$11.00 per person; while supplies last
13 WED	Italian Buffet 5:30 p.m. at Clubhouse 1 Main Lounge Cost: \$11.00 per person; while supplies last
18 MON	Movie Night: A Little Chaos 7:30 p.m. at the Performing Arts Center Free Movie and Popcorn
22 FRI	Live and let Die A Tribute to Paul McCartney 7:00 p.m. at the Performing Arts Center Cost: \$15.00, \$18.00, and \$25.00
23 SAT	Saturday Night Dance with Close Enough 6:30 p.m. at Clubhouse 5 Main Lounge Cost: \$5.00 at the door
23 SAT	Luau & Movie (Moana) 5:00 p.m. at Pool 2 Cost: FREE, tickets needed; space is limited Food available for purchase while supplies last
28 THUR	Outdoor Concert-Woodie and the Long Boards 5:30 p.m. Clubhouse 2 Lawn Cost: FREE

Monday Night Football at Clubhouse 5

September 11, 18 and 25
Call 597-4982 for more information

Ongoing Classes

Recreation Coordinated Classes are offered at no charge unless otherwise noted. No registration is required unless specified. See reverse side for registration and payment instructions. Classes are for residents only.

CLUBHOUSE 1	Laughter Yoga with Cheryl Russell Mondays 9:00 - 10:00 a.m. Class Canceled 9/4
	Ballroom Dance with Candi Davis Class Canceled 9/4 Mondays 11:00 - 12:00 p.m. This month's dance: West Coast Swing Cost: 5 Group Lessons \$25.00
	Meridian Yoga with Sue Shin Tuesdays Beg/Interm 3:00 - 4:00 p.m. Advanced Vinyasa: 4:00 - 5:00 p.m.
	Ageless Ballet with Elise Hill 1ST CLASS FREE! NEW STUDENTS ONLY Wednesdays 9:00 - 10:00 a.m. Cost: 10 Group Lessons \$70.00
	Line Dancing with Brian and Sook Kim Wednesdays - Intermediate 12:00 - 1:00 p.m. Beginning 1:00 - 1:45 p.m.
	Tai Chi Dance with Susie Ando Thursdays Beginner: 8:00 -8:30 a.m. Advanced: 8:30 - 10:30 a.m.
	Yoga with Zahir Movius & Kim Min Thursdays 10:00 - 11:30 a.m.
	Ballroom Dance with Ed Van Ornum 1ST CLASS FREE! NEW STUDENTS ONLY Fridays 9:30 - 11:30 a.m. This month's dance: Night Club 2 Step Cost: 5 Group Lessons \$30.00 Class Canceled 9/15 & 9/22
	Theatre Dance with Rebecca Bush 1ST CLASS FREE! NEW STUDENTS ONLY Fridays 12:30 -1:30 p.m. Cost: 10 Group Lessons for \$70.00
	Ageless Ballet with Elise Hill 1ST CLASS FREE! NEW STUDENTS ONLY Fridays 2:00 - 3:00 p.m. Cost: 10 Group Lessons for \$70.00
Tai Chi Dance with Amy Tsoi & Mia Robinson Saturdays Beginner: 8:00 - 8:30 a.m. Advanced: 8:30 - 10:30 a.m.	

CLUBHOUSE 2	Meditation (Sacred Fire) with Zahir Movius Mondays 3:30 - 5:00 p.m. Class Canceled 9/4
	Line Dancing with Doug Houston 1ST CLASS FREE! NEW STUDENTS ONLY Mondays 5:30 - 7:30 p.m. Cost: 5 Group Lessons \$25.00 Class Canceled 9/4
	Chi Kung with Tukung Lee Thursdays 8:00 - 9:00 a.m.
CLUBHOUSE 5	Zumba with Mia Alicea 1ST CLASS FREE! NEW STUDENTS ONLY Thursdays 10:30 - 11:15 a.m. Cost: 10 Group Lessons \$70.00
	Israeli Dance with Rebecca Gilad Class Canceled 9/28 Thursdays 12:00 - 2:00 p.m.
	Ballroom Dance with Candi Davis 2nd and 4th Saturdays 1:00 - 2:00 p.m. This month's dance: West Coast Swing Cost: 5 Group Lessons \$25.00
CLUBHOUSE 6	Yoga with Kim Min Class Canceled 9/4 Mondays 8:30 - 10:00 a.m.
	Hula Dance with 'Aulani Class Canceled 9/4 Mondays 6:00 - 7:30 p.m.
	Piloxing with Rachel Gibson 1ST CLASS FREE! NEW STUDENTS ONLY Tuesdays 9:00 - 10:00 a.m. Cost: 10 Group Lessons \$50.00 SilverSneakers members attend for free!
CLUBHOUSE 7	Zumba with Mia Alicea 1ST CLASS FREE! NEW STUDENTS ONLY Tuesdays 10:30 - 11:15 a.m. Cost: 10 Group Lessons \$70.00
	Chair Yoga with Kristine Young New Class Thursdays 10:00 - 11:00 a.m.
	Tai Chi with Cecilia Jen Tuesdays & Thursdays 8:00 - 9:30 a.m. Beginners 9:30 a.m. - 10:00 a.m.
	Yoga (Meridian) with Sue Shin Fridays- Beginner/Intermediate: 8:00 - 9:00 a.m., Advanced Vinyasa: 9:00 - 10:00 a.m.

COMM. CNTR.	Chinese Conversation with Grace Sams Mondays Beginner/intermediate 2:00 - 3:00 p.m. Advanced 3:00 - 4:00 p.m. Class Canceled 9/4
	Tap Dance Lessons with Letty Smyth Mondays - Advanced 2:00 - 3:00 p.m. Intermediate 3:00 - 4:00 p.m. Beginning 4:00 - 5:00 p.m. Class Canceled 9/4
PERFORMING ARTS CENTER	Clogging with Edith Jones Tuesdays - All Levels 9:00 - 10:00 a.m., Beginners 10:00 - 10:30 a.m.
	Belly Dancing with Jheri St. James 1ST CLASS FREE! NEW STUDENTS ONLY Wednesdays 1:30 - 2:30 p.m. 9/13 - 10/25 Fusion Dance Cost: 7 Group Lessons \$35.00 Class Canceled 9/6
	Russian Lessons with Janet Preissler Wednesdays 3:00 - 4:30 p.m.
LESSONS	Korean Language Class with Han Sohn Thursdays 3:00 - 5:00 p.m.
	Golf Lessons with a PGA or LPGA Pro Village Greens Pro Shop Cost: Varies; call 949-597-4336 for info
	Tennis Lessons with John Prickett Scheduled with Instructor; call 597-4227 Cost: Private 1Hr Lesson \$60.00, 5 Private 1Hr Lessons \$275.00, 4 Group 1Hr Lessons \$50.00
	Tennis Lessons with Chang Kyu Bae Scheduled with Instructor; call 597-4227 Cost: Private 1Hr Lesson \$80.00, 4 Group 1hr Lessons \$80.00
	Swim Lessons Coming Soon Call 597-4273 for more information.

Personal Training

Maximize your time at the gym with personal training! Personal training is \$25.00 for 30 minutes, available at both Fitness Centers.