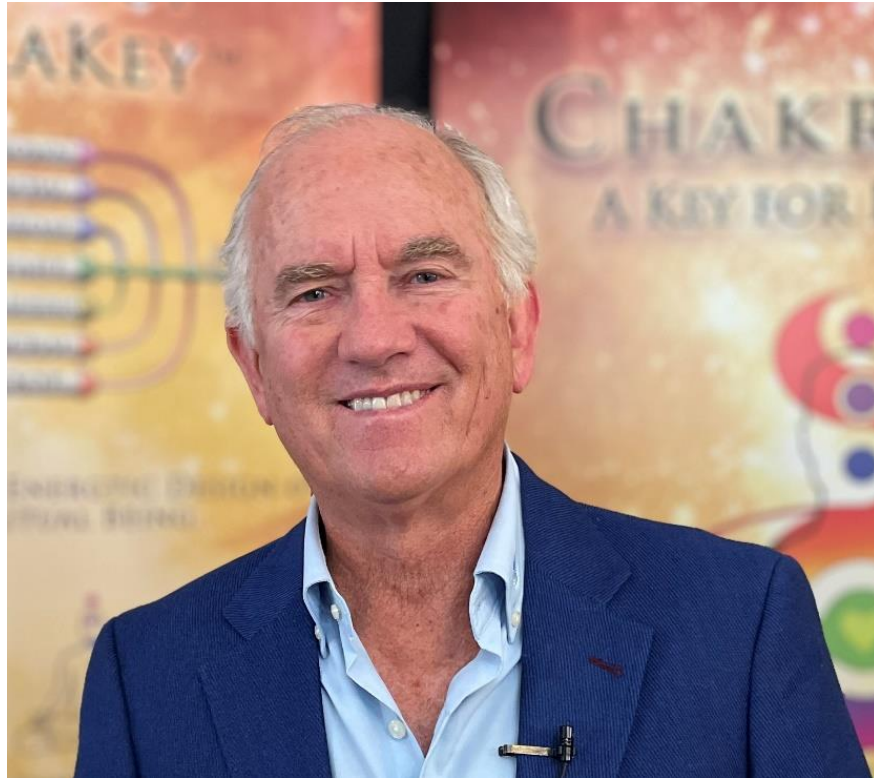


**Come Play and Learn About Your Chakras
With Rick Ireton**



LIFE AFTER LIFE CLUB

Saturday, November 4, 2023 9:30-11:00am

Clubhouse 7, 24111 Moulton Pkwy

\$5 (members free)

Info – call Mary (714)814-5844

Come Play and Learn About Your Chakras with Rick Ireton

Presented by Rick Ireton – Facilitator, Spiritual Teacher and Author of ChakraKey - A Key for Humanity. Rick Ireton is a visionary leader and entrepreneur whose work integrates the 7-chakra system, with the 7 - branch menorah, and a crop circle found sculpted into a field of barley in the UK. Together, the 3 symbols produce a blueprint illustrating the energetic design and operation of the human chakra system. By combining this revelation with the color spectrum and associated chakra frequencies *he points us to a universal system for managing energy through the power of Love.*

In this Interactive Workshop, Rick will help you experience yourself as an energy being with a physical body using ChakraKey as a Map & Guide for your personal Transformation.

- **Chakra Immersion Exercise** – During this exercise, Rick will show you how to feel into and experience each of your chakras using frequencies, your voice.
- **Chakra Dance** – Each chakra carries a unique vibe, and personality. Join us, as we dance to music, and frequencies, iconic with each chakra.
- **Chakra Drama** – In this class we will act out and dramatize each chakra as a state of beingness. We will use our collective creativity to tune into our multi-dimensional nature.
- **Name That Chakra** – In this fun interactive game, participants are challenged to identify the chakra associated with a specific frequency, or song.

This workshop will help you develop a *greater understanding of your multi-dimensional nature* through Self-Realization.

**Tune-in to Your Multi-Dimensional Nature.
A Life Transformational Experience!**

Rick is a graduate of San Bernardino Valley College and is the President of the ChakraKey Academy - Growing the Field of Love through education. www.chakrakeyacademy.com

Some of our programs are now featured on YouTube. Here is the link.

<https://www.youtube.com/@LifeAfterLifeClubLagunaWoods/videos>

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LIFE AFTER LIFE CLUB

for Laguna Woods Village residents and their guests only