

A Year of Growing Vegetables

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Asparagus	Optimal	Optimal	Acceptable									
Beans (Bush)				Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable			
Bean				Optimal	Optimal	Optimal	Optimal	Optimal				
Beets	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable	Optimal	Optimal	Optimal	Optimal
Broccoli	Optimal	Optimal	Acceptable						Acceptable	Optimal	Optimal	Optimal
Brussels Sprouts			Acceptable						Acceptable	Optimal	Optimal	Optimal
Cabbage	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Cantaloupe				Optimal	Optimal	Optimal						
Carrots	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable	Optimal	Optimal	Optimal	Optimal
Cauliflower	Optimal	Acceptable								Optimal	Optimal	Optimal
Celery	Acceptable							Optimal	Optimal	Optimal	Optimal	Acceptable
Chives	Optimal	Optimal	Acceptable							Acceptable	Acceptable	Acceptable
Collards	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Corn				Optimal	Optimal	Optimal	Optimal	Optimal				
Cucumber				Optimal	Optimal	Optimal	Optimal	Optimal				
Eggplant				Optimal	Optimal							
Endive	Optimal	Acceptable	Acceptable							Optimal	Optimal	Optimal
Fava Beans	Optimal									Optimal	Optimal	Optimal
Jicama				Optimal	Optimal							
Kale	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Kohlrabi	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Leeks	Acceptable	Acceptable							Optimal	Optimal	Optimal	Optimal
Lettuce	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Lima Beans				Optimal	Optimal	Optimal	Optimal	Optimal				
Mustard	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Okra				Optimal	Optimal	Optimal						
Onions	Optimal	Optimal									Optimal	Optimal
Parsley	Optimal	Optimal	Optimal							Optimal	Optimal	Optimal
Parsnip	Optimal	Optimal								Optimal	Optimal	Optimal
Peas	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Peppers				Optimal	Optimal	Optimal						
Potatoes	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable						
Pumpkin				Optimal	Optimal	Optimal						
Radish	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable	Optimal	Optimal	Optimal	Optimal
Rutabaga	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Spinach	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Squash (summer)		Optimal	Optimal	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable			
Squash (winter)			Optimal	Optimal	Optimal	Optimal						
Sunflowers			Acceptable	Acceptable	Acceptable	Acceptable						
Swiss Chard	Optimal	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable	Optimal	Optimal	Optimal
Tomatoes			Acceptable	Optimal	Optimal	Optimal	Acceptable	Acceptable				
Turnips	Optimal	Optimal	Acceptable							Optimal	Optimal	Optimal
Watermelon				Optimal	Optimal	Optimal						



This table lists the recommended time to sow vegetable seeds for the typical Southern California climate (Zones 22, 23, 24). When buying transplants, adjust for the age of the plant 1-2 months.

Planting Key: Optimal
 Planting Key: Acceptable